



NORTHERN

Gastroenterology

a department of Northern Regional Hospital

Patient Name: _____

Date: _____

Patient's Personal Health History FAMILY HISTORY

Date of Birth: _____

| | If Living | | If Deceased | |
|--------------------------------------|-----------|--------|--------------|-------|
| | Age | Health | Age at Death | Cause |
| Father | | | | |
| Mother | | | | |
| Brothers/Sisters (Circle Sex) | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |
| Husband/Wife | | | | |
| Sons/Daughters (Circle Sex) | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |
| M F | | | | |

Check if any **blood relative** has had any of the following, and enter relationship to you.

| | Yes | No | Relation | | Yes | No | Relation |
|---------------|-----|----|----------|----------------|-----|----|----------|
| Colon cancer | | | | Diabetes | | | |
| Other cancer | | | | Tuberuclosis | | | |
| Colon polyps | | | | Heart problems | | | |
| Colitis | | | | Emphysema | | | |
| Easy bleeding | | | | Stomach ulcer | | | |
| Cirrhosis | | | | Kidney disease | | | |
| Liver disease | | | | Depression | | | |

Check if **YOU** have had any of the following, and enter approximate date of onset.

| | Yes | No | Relation | | Yes | No | Relation |
|---------------|-----|----|----------|---------------------|-----|----|----------|
| Colon cancer | | | | Diabetes | | | |
| Other cancer | | | | Tuberuclosis | | | |
| Colon polyps | | | | Heart problems | | | |
| Colitis | | | | Emphysema | | | |
| Easy bleeding | | | | Stomach ulcer | | | |
| Cirrhosis | | | | Kidney disease | | | |
| Liver disease | | | | Depression | | | |
| Hepatitis | | | | High blood pressure | | | |
| Seizures | | | | Stroke | | | |

Have you ever had a blood transfusion? Yes _____ No _____

When? _____ Why? _____

General Health Review (Check items that apply to you.)

General Health

No Problems _____
Recent weight gain _____
Recent weight loss _____
Unusual tiredness _____

Skin

No Problems _____

Change in skin color _____
Change in moles _____
Excessive sweating _____
Sores that don't heal _____

Eyes

No Problems _____
Change in vision _____
Pain in eyes _____
Transient blindness _____
Glaucoma _____

Ears, Nose, Throat

No Problems _____
Trouble hearing _____
frequent dizziness _____
Nasal stuffiness _____
frequent nosebleeds _____
bleeding gums _____
Hoarseness _____
Mouth sores _____
Swollen glands _____

Respiratory

No Problems _____
Coughing of blood _____
Persistent cough _____

Shortness of breath _____

Frequent chest colds _____
wheezing _____

Musculoskeletal

No Problems _____
Trouble walking _____
Back pain _____
Severe joint pains _____

Gynecologic

No Problems/Not Applicable _____
Post-menopausal _____
Irregular periods _____
Use birth control _____
Hormone therapy _____
Breast lumps _____
Nipple discharge _____

Heart

No Problems _____
Chest pain or short of breath _____
walking up hill _____
Lying down _____

Climbing stairs _____

Gastrointestinal

No Problems _____
Blood in stools _____
Black or tarry stool _____
Trouble swallowing _____

Frequent heartburn _____
frequent belching _____
abdominal bloating _____
Intestinal gas _____
Frequent nausea _____
Frequent vomiting _____
Appetite loss _____
frequent diarrhea _____
frequent constipation _____
Laxative use _____

Genitourinary

No Problems _____
Frequent urination _____
Night urination _____
Blood in urine _____
Poor bladder control _____
frequent urinary infections _____

Have you ever had a colonoscopy?

Yes _____ No _____

Where? _____

When? _____

By which physician? _____

Have you had a pneumococcal vaccine ("pneumonia shot")?

Yes _____ (if so, what year? _____) No _____

If female, when was your last mammogram? _____

Allergies to Medicines or Latex? Please list below:

| | |
|--|--|
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| | | |
|--|--|-----------|
| MEDICATIONS: (All prescription and non-prescription) | Operations: | |
| | | |
| | | |
| | | |
| | Other hospitalizations and approximate year: | |
| | | |
| | | |
| | Diagnostic X-rays: (Give approximate dates) | |
| | | |
| | | |
| | Personal Habits: | |
| | Do you smoke cigarettes? No Yes #Packs/day | |
| | #Years of smoking? | |
| | If a former smoker, # years since you quit: _____ | |
| | Do you drink alcohol? No Yes | |
| | Beer? Bottles/day | |
| | Wine? Glasses/day | |
| | Liquor? oz./day _____ | |
| Marital/Family/Living Situation | Yes | No |
| Have you been married more than one time? | | |
| Have you recently been married, divorced or separated? | | |
| Are there problems with your marriage? | | |
| Do you have any problems with sex? | | |
| Is your present home life causing unhappiness? | | |
| Have there been any deaths among family or close friends in the last year or two? | | |
| Does anyone in your family have a serious illness or disability? | | |
| Does anyone in your family have drug or alcohol problems? | | |
| Do you have any serious problems with your children? | | |
| Have you ever, or are you currently experiencing physical abuse or domestic violence? | | |
| Are you afraid in your current living situation? | | |
| Are you an organ donor? | | |
| General Information: | | |
| Are there any cultural, religious or emotional factors that make it more difficult for you to understand healthcare information? | | |
| If so, please describe: | | |
| What is your preferred language for discussing healthcare information? English _____ Spanish _____ Other _____ | | |
| Do you have advance directives? (Living Will, Health Care Power of Attorney) | | |